## Assessment - Natasja Borgstede 568843 - PSD 1- IBIS passport appraisal - 2814BI114A - chance 1

## Reflection

I have learnt a lot in the first term of this year. From speaking up for myself to new insights on certain assignments.

I went and looked back on the first assignments we had to do for What's in my backpack and Thinking and reasoning. I noticed that in the first assignments I never talked about my own learning curve or developments, but about the things we did in class. I have learnt that it is better to write about yourself and your improvements than just the classes. And as the term went on I noticed that I started to write about myself and the changes in the way I was thinking were visible in my writing.

At the beginning of the term I was not that comfortable at school, for example with talking English with the native speakers, because I was scared that they didn't understand me. But what is wrong with trying to improve your English, everyone is struggling and trying their best.

What I have learned about myself that I have always lived inside my own comfort zone and did the things that were my routine.

Now I feel like I am starting to get out of my comfort zone and do the things I normally wouldn't do. I came to the conclusion that I was becoming much happier and more confident about myself.

I noticed a lot that my way of thinking has changed because of the PSD classes. Every time that I have to ground an argument I think of the methods we have learnt in Thinking and reasoning. I am more at ease with writing about myself and my own experiences. In some aspects I figured out that I need to be more productive and effective, for example with the end assessments. I started to late with my assessments and now I couldn't do the things I originally wanted to do but I also see this as a lesson for myself and something I can improve in. This is something that I can take with me in the second term, to be more productive and on schedule.

The PSD classes made me realize a lot more about myself, by doing tests I came to the conclusion that I have always known what the results would say, but I didn't know how to put it in words.

Fundamentals of Business and The International World of Business were not the classes that I enjoyed the most, because in the beginning of these classes I was completely lost. I didn't know what the teachers were talking about and had difficulties with the assignments. I started to read the books and re-did the assignments and noticed that I was getting better at doing them. This is something that I will keep on doing in the next terms.

When I saw the list for the NLUs I almost immediately knew what classes I wanted to take. The Negotiated Learning Units I have chosen are:

- Spanish
- Photography
- Movietime: stories for Business
- NLP: Key to be more effective in work and communication

I have chosen Spanish because it is a language that 400 million people speak. I have always been someone that is great in learning new languages. I expect to learn the basics of talking in Spanish, that I can have a conversation without a dictionary. I think that Spanish is a language that can come in handy when you are a Business Innovator, because a lot of people in the world speak Spanish if they don't speak English.

Taking pictures is something that I have always enjoyed but I want to learn how you can take the best pictures from the best angles and that is something I expect to learn in this NLU.

Movietime: stories for Business was a NLU that stood out immediately for me. I am

interested in making a business stand out more than the other company and how to sell your brand in a more interested way than someone else. In this NLU I expect to learn about telling the story of a business the right way, so others get interested.

NLP: Key to be more effective in work and communication is something I have chosen because I am not that great in being effective in communication. I have difficulties with explaining what I really mean. I hope that I can learn to get more effective in communication in this NLU.

The first term has gone by so fast and I am looking forward for the second term and the new challenges we have to face.